***Blairgowrie & District Hillwalking Club***

**Web site:** [**www.bdhc.org.uk**](http://www.bdhc.org.uk)

Ben Vrackie

**O.S. Map 52 & 53**

11th April 2021

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| **Car meet:** | **Meet at Ben Vrackie car park above Moulin 10:00am** |   |
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| A Walk – Ben Vrackie |
| Start at the Moulin car park at NN 945.598, follow the well-trodden path N towards Ben Vrackie, ignore the track that forks off left after 1 1/2kms and strike NE between Meall Aodainn Moire to the left and Creag Bhreac to the E. Pass Loch a Choire to the left and on up the largely stepped path to the summit of Ben Vrackie (C) at 951.633. From the summit, track W and walk down the hill’s western then south western flank over rough heathery terrain. Once on the flatter area around 942.630, strike S then SW to pick up the path to the N of Maell Aodainn Moire, following it until it meets the normal route at 952.614, follow this S and back to the start. |
| Approx. distance: 9 km | Total ascent: 713 m | Min. walking time: 4.0 hrs |
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| B Walk – Ben Vrackie – shorterStart as the A walk to the summit of Ben Vrackie and retrace the route back to the start, perhaps detouring round the shore of Loch a Choire |
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| Approx. distance: 8.3 km | Total ascent: 636 m | Min. walking time:3.5 hrs |
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| C Walk – CraigowerStart as A & B routes at the Vrackie CP or from Moulin itself, follow the road through the village heading W to Balnacraig 935.595 on the golf course and joining the route of the ancient north road to Killiecrankie. This leads into the Craigower woods (SNT) follow the zig-zag path up to its summit 925.604 and panoramic views. Reverse the route back to the start. |
| Approx. distance: 7.9 km Total ascent: 320 m Min walking time: 2.5hrs |
| Approx. distance: km | Total ascent: m | Min. **walking** time: hrs |

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| IMPORTANT: YOUR SAFETY IN THE HILLS |
| **The Committee reminds members and guests of the following important points:** |
| * You are responsible for your own safety
* Club officials are not trained mountain leaders
* Are you fit enough to complete your chosen walk in the available time?
* Know where you are going on the walk and follow the route on your map.
* Know how many are in your party and stay together
 | * Ensure you have enough food plus emergency rations
* Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
* In winter conditions you must carry an ice axe and crampons on high level walks (club rule) and know how to use your equipment.
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| **Club officials will be happy to give advice on any of these points if requested.** |

Next club walk - TBA

**Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.**

## **In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered. Experienced members may devise their own routes (min 3 walkers) but must inform the Meet Sec and return to the end point at the agreed time.**